

## APPLICATION TO PROVIDE INTENSIVE IN-HOME SERVICES

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We are committed to provide medically necessary services in the least restrictive environment. We have a process by which providers who offer intensive in-home behavioral health treatment programs can be reimbursed at a higher rate, compared to those same services offered in an office setting.

In order to qualify for these higher rates, the treatment program must be modeled after an evidence-based or promising intensive in-home practice. Examples include (but are not limited to):

- Family Centered Treatment
- Family Effectiveness Training
- Functional Family Therapy
- Multisystemic Therapy
- Home-Based Systems Family Therapy
- Parent-Child Interaction Therapy
- Intensive In-Home Child and Adolescent Psychiatric Services

Intensive in-home treatment programs typically offer wraparound and community support services, in addition to formal psychotherapy and case management services. Services are often rendered in the member's home, as well as in the community or school settings. Services are typically offered a minimum of three times per week and can include several hours of treatment per week. Typical treatment episodes are between eight and 12 weeks.

Please note that this is not designed for traditional therapy services provided in the member's home. This enhanced rate is for true intensive in-home programs only.

If your practice has a treatment program like this, please complete the following application. Please fill out the entire application and the program description. An incomplete application will be returned. Send your completed application to [provider.contracting@coaccess.com](mailto:provider.contracting@coaccess.com).



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Agency name:	Today's date:
Program name:	
Contact person and title:	
Contact person phone number:	

## Minimum criteria for intensive in-home services

The following criteria should be met for all admission into intensive in-home services:

- Client must be an eligible member of Colorado Access on the date of the service provided
- The client must have a covered primary psychiatric diagnosis
- There are issues in the home environment that exacerbate the member's psychiatric problem, or the family needs to learn additional skills to manage the member's illness, or the family needs additional skills to support the member's emotional growth
- There is evidence that traditional outpatient family therapy has failed and there is reason to think that intensive in-home services could overcome whatever barriers traditional outpatient family therapy could not overcome
- There is high risk for utilization of other higher level services such as readmission to inpatient or residential level treatment
- Must be able to provide services to the member/family a minimum of three hours per week, at least for the initial stages of treatment

Does your program meet the minimum criteria outlined above?  Yes  No

Please describe your intensive in-home program, including the following:

- The various services offered through the program, including the procedure codes (CPT/HCPC codes) most frequently used (does not have to be all-inclusive)
- The number of hours each client is served per week (minimum, average and maximum)
- The different professional staff that may be delivering the different service types (i.e., are some services rendered by bachelor's degree-level staff? Are all clinicians licensed?)
- Any evidence-based models used in the delivery of the program
- Any special populations the program may be geared towards or able to accommodate (e.g., reactive attachment disorder, autism spectrum disorders, etc.)
- The typical length of stay/duration of each episode of care
- The number of members this program has the capacity to serve at any given time
- Please attach any formal program descriptions or marketing materials for this program





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