In the Colorado Access Provider Manual, you will find information about:

Section 1. Colorado Access General Information
Section 2. Colorado Access Policies
Section 3. Quality Management
Section 4. Provider Responsibilities
Section 5. Eligibility Verification
Section 6. Claims
Section 7. Coordination of Benefits
Section 8. Provider-Carrier Disputes (Claim Appeals)

Section 9. Utilization Management Program

Section 10. Behavioral Health Specific Policies and Standards
Section 11. Child Health Plan Plus (CHP+) offered by Colorado Access Specific Policies and Standards
Section 12. General Directive for all PCMPs

- Urgent and Emergency Care
- Medical Necessity
- Prior Authorization Request Process
- Behavioral Health Services in Primary Care Setting (Medicaid Only)
- After Hours Discharge Planning Needs
- Downstream Providers
- Continuity of Care for New Members
- Continuity of Care for Existing Members

Search Tip:
You can search quickly and easily by using the command Control+F. This will display a search box for you to enter what you want to find.

If you have any questions, call us at 800-511-5010 (toll free).
Utilization Management Program

Participation in our utilization management (UM) program is a contractual obligation of every network Provider. This includes:

- Adhering to policies, procedures, and standards;
- Identifying and addressing barriers to the provision of quality care;
- Reporting grievances and/or quality of care concerns;
- Participating in auditing processes; and
- Providing access to or copies of clinical records or other documents, as requested by Colorado Access.

We authorize some behavioral health services under the Health First Colorado (Colorado’s Medicaid Program) regional organization contract and the Child Health Plan Plus contracts (both HMO and SMCN). Our utilization management service coordinators are available 24 hours a day, 7 days a week to take authorization requests.

We authorize some physical health services for the Child Health Plan Plus HMO and State Managed Care Network (SMCN) contracts. Our utilization management service coordinators are available Monday through Friday from 8:00 am to 5:00 pm to receive physical health authorization requests.

Below are tables summarizing the types of services that require prior authorization. The Master Authorization List, a comprehensive list of procedure codes and corresponding prior authorization requirements, is on our website at coaccess.com/providers/forms/.

We don’t perform prior authorization review on services that have already been rendered. If you provide services without an authorization, your claim may be denied.

This summary of our authorization rules does not guarantee coverage.

1. **Participating vs. Non-Participating Providers**: In general, all services rendered by non-participating providers require prior authorization for payment except where specifically noted.

2. **Primary Care**: In general, services provided by participating primary care providers (PCPs) do not require prior authorization.

3. **Specialist Referrals**: Office visits for participating specialty Providers do not require a referral to be submitted to Colorado Access from the member’s PCP. We encourage PCPs to direct care for specialty office-based care through clinical referrals. We consider a clinical referral to be communication between the PCP and the specialty Provider for the purposes of care continuity and treatment planning. Certain services, such as visits with physical, occupational, and speech therapists may require authorization.
Office visits for non-participating specialists do require a prior authorization from Colorado Access and will be considered on a case-by-case basis for particular clinical needs.

Contact the utilization management department for more information.

### Medicaid Behavioral Health

<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Authorization Rules</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulance</td>
<td>Emergency ground or air ambulance transport does not require prior authorization. Non-emergent scheduled requires prior authorization</td>
</tr>
<tr>
<td>Emergency Care (POS 23)</td>
<td>No prior authorization required</td>
</tr>
<tr>
<td>Observation (POS 22)</td>
<td>No prior authorization required</td>
</tr>
<tr>
<td>Inpatient</td>
<td>Prior authorization required. Professional services and ancillary services rendered during an inpatient stay are considered downstream and do not require separate authorization for both participating and non-participating providers except as described in the Authorization Categories section under Procedure Authorization.</td>
</tr>
<tr>
<td>Crisis Stabilization Unit (CSU)</td>
<td>No prior authorization required</td>
</tr>
<tr>
<td>Residential</td>
<td>Prior authorization required</td>
</tr>
<tr>
<td>Acute Treatment Unit (ATU)</td>
<td>Prior authorization required</td>
</tr>
<tr>
<td>Outpatient – Routine</td>
<td>No authorization required</td>
</tr>
<tr>
<td>Outpatient – Higher Levels of Care:</td>
<td>Prior authorization required</td>
</tr>
<tr>
<td>- Day treatment</td>
<td></td>
</tr>
<tr>
<td>- Partial hospitalization</td>
<td></td>
</tr>
<tr>
<td>- Intensive outpatient (IOP)</td>
<td></td>
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<tr>
<td>- Electroconvulsive therapy (ECT)</td>
<td></td>
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<tr>
<td>- Psychological/neurological testing</td>
<td></td>
</tr>
<tr>
<td>Any services from non-participating providers (except emergency department)</td>
<td>Prior authorization required</td>
</tr>
</tbody>
</table>

### Child Health Plan Plus (CHP+)

<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Authorization Rules</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency Care (POS 23)</td>
<td>No prior authorization required</td>
</tr>
<tr>
<td>Urgent Care (POS 20)</td>
<td>No prior authorization required</td>
</tr>
<tr>
<td>Observation (POS 22)</td>
<td>No prior authorization required</td>
</tr>
<tr>
<td>Type of Service</td>
<td>Authorization Rules</td>
</tr>
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<td>----------------------------------------------------------</td>
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<td>Inpatient</td>
<td>Prior authorization required. Professional services and ancillary services rendered during an inpatient stay are considered downstream and do not require separate authorization for both participating and non-participating providers except as described in the Authorization Categories section under Procedure Authorization.</td>
</tr>
<tr>
<td>Outpatient – office visits (physical/medical)</td>
<td>No prior authorization required</td>
</tr>
<tr>
<td>Outpatient medical procedures</td>
<td>Check the Master Authorization List</td>
</tr>
<tr>
<td>Outpatient physical, occupational, speech therapies</td>
<td>Prior authorization required</td>
</tr>
<tr>
<td>Outpatient – behavioral health higher levels of care:</td>
<td>Prior authorization required</td>
</tr>
<tr>
<td>• Day treatment</td>
<td></td>
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<tr>
<td>• Partial hospitalization</td>
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<td></td>
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<tr>
<td>• Psychological/neurological testing</td>
<td></td>
</tr>
<tr>
<td>Newborns</td>
<td>Coverage of services to a newborn continues only to the point that the newborn is or would normally be treated medically as a separate individual. Items and services furnished the newborn from that point are not covered on the basis of the mother’s eligibility alone.</td>
</tr>
<tr>
<td>Diagnostic services</td>
<td>Routine laboratory and imaging services do not require prior authorization. Specialized diagnostic procedures may require prior authorization, check the Master Authorization List.</td>
</tr>
<tr>
<td>DME</td>
<td>Check the Master Authorization List</td>
</tr>
<tr>
<td>Home Health</td>
<td>Prior authorization required</td>
</tr>
<tr>
<td>Ambulance</td>
<td>Emergency ground or air ambulance transport does not require prior authorization. Non-emergent scheduled requires prior authorization</td>
</tr>
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<td>Any services from non-participating providers (except emergency department)</td>
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</tbody>
</table>
URGENT AND EMERGENCY CARE

Emergency services (place of service 23) and urgent care services (place of service 20), regardless of provider contract status, do not require prior authorization.

Definition of an Emergency Medical Condition

An emergency medical condition is defined as a sudden, unexpected onset of a health condition, including pain, which a prudent layperson could reasonably expect to result in placing the health of the individual in serious jeopardy, serious impairment to bodily functions or serious dysfunction of any bodily organ/part, if immediate medical attention is not obtained.

We cover all emergency department services necessary to screen and stabilize members if:

A prudent layperson would have reasonably believed that use of a [contracted] provider would result in a delay that would worsen the emergency; or a provision of federal, state, or local law requires the use of a specific provider (DOI Regulation 4-2-17).

The attending emergency physician, or the provider actually treating the member, is responsible for determining when the member is sufficiently stabilized for transfer or discharge from the emergency department.

Definition of Urgent Care

Urgent care is defined as provision of medically necessary covered services to treat an injury or illness of a less serious nature than those requiring emergency care but required in order to prevent serious deterioration in the member’s health, or to maintain a member’s activities of daily living.

Post-Stabilization Care Services

Post-stabilization care services are those covered services, related to an emergency medical condition, which are furnished by a qualified Provider after a member is stabilized in order to maintain the stabilized condition, or to improve or resolve the member’s condition.

Emergency services and urgently needed services do not require prior authorization. We cover, without prior authorization, regardless of whether the services are obtained within or outside our Provider network and in accordance with the prudent laypersons’ definition of emergency medical condition:

“A person having average knowledge of health services and medicine and acting reasonably, would have believe that an emergency medical condition or limb-or-life threatening emergency existed.”

We do not limit what constitutes an emergency medical condition on the basis of lists of diagnoses or symptoms that are otherwise covered under its contracts. We may not refuse to cover emergency services based on the emergency room provider, hospital, or agent not notifying the member’s primary care provider, Colorado Access, or the applicable state entity of the member’s screening and treatment. The physician treating the member must decide when the member may be considered stabilized for transfer or discharge, and that decision is binding on Colorado Access.
MEDICAL NECESSITY

As part of utilization review to authorize a service, we determine medical necessity. A service is medically necessary if it:

- Will, or is reasonably expected to prevent, diagnose, cure, correct, reduce, or ameliorate the pain and suffering, or the physical, mental, cognitive, or developmental effects of an illness, condition, injury, or disability. This may include a course of treatment that includes mere observation or no treatment at all;
- Is provided in accordance with generally accepted professional standards for health care in the United States;
- Is clinically appropriate in terms of type, frequency, extent, site, and duration;
- Is not primarily for the economic benefit of the Provider or primarily for the convenience of the client, caretaker, or Provider;
- Is delivered in the most appropriate setting(s) required by the client’s condition;
- Is not experimental or investigational; and,
- Is not more costly than other equally effective treatment options.

Medical Necessity Definition for EPSDT (Early and Periodic Screening, Diagnosis, and Treatment) Not applicable to CHP+

For EPSDT, a covered service shall be deemed a medical necessity or medically necessary if, in a manner consistent with accepted standards of medical practice, it:

- Is found to be an equally effective treatment among other less conservative or more costly treatment options; and
- Meets at least one of the following criteria:
  - The service will, or is reasonably expected to prevent or diagnose the onset of an illness, condition, primary disability, or secondary disability.
  - The service will, or is reasonably expected to cure, correct, reduce or ameliorate the physical, mental, cognitive or developmental effects of an illness, injury or disability.
  - The service will, or is reasonably expected to reduce or ameliorate the pain or suffering caused by an illness, injury or disability.
  - The service will, or is reasonably expected to assist the individual to achieve or maintain maximum functional capacity in performing activities of daily living.
  - Medical necessity may also be a course of treatment that includes mere observation.
Medical necessity determinations are based on the following:

- Standardized national criteria, such as InterQual© criteria.
- Review by our medical director (or an associate medical director). This may include discussing treatment alternatives and approaches with the Provider requesting the service.

We consider individual needs as well as the capacity of the local delivery system when applying medical review criteria. A Provider may request the criteria used to make a determination from our utilization management department at 800-511-5010 (toll free).

PRIOR AUTHORIZATION REQUEST PROCESS

Submitting Authorization Requests

It is best to plan ahead and submit an authorization request well in advance of the service being rendered. Authorization requests are processed as expeditiously as the enrollee’s health condition requires and within the specific line of business requirements, which are within 10 calendar days (72 hours for cases in which a Provider, or Colorado Access, determine that following the standard authorization timeframe could seriously jeopardize the member’s life or health or his or her ability to attain, maintain, or regain maximum function). We cannot retrospectively deny benefits for treatments that have been preauthorized except in cases of fraud, abuse, or if the member loses eligibility.

In order to submit a request for prior authorization:

1. Prior to submitting an authorization, please verify the member’s eligibility through the Colorado Access website or the Department of Health Care Policy and Financing eligibility portal.

2. Complete a Prior Authorization Form below and fax, with appropriate clinical information, to the number listed on the form. Please complete all required fields – incomplete forms will not be accepted and will be returned to sender. You can find the following forms on our website at coaccess.com/providers/forms/:
   a. Physical Health Prior Authorization Request Form
   b. Home Health or Outpatient Therapy Prior Authorization Request Form
   c. Durable Medical Equipment (DME) Prior Authorization Request Form
   d. Behavioral Health Prior Authorization Request Form
   e. Psychological Testing Authorization Request Form
   f. Pharmacy Injectable Medication (J-Code) Authorization Request Form

3. You will be notified if additional information is needed, if the service is authorized, or if the service will not be authorized.

4. If you have questions, please call us at 800-511-5010.
Types of Utilization Review Determinations

Our utilization review determinations comply with state and federal guidelines. We will make one of the following determinations after reviewing an authorization request. Only the Colorado Access medical director or the designated physician reviewer can deny an authorization request. For prospective or concurrent determinations, the treating physician may request a reconsideration of the denial. All denials may be appealed.

1. **Authorized** – The requested service meets all utilization review criteria including, but not limited to, member eligibility, medical necessity, and if the service is a covered benefit. Authorization is not a guarantee of payment.

2. **Pended** – A determination cannot be made with current information. The case is pending receipt of additional information and/or documentation.

3. **Adverse Benefit Determination (“Denied”)** – is any of the following:
   a. The denial or limited authorization of a requested service, including determinations based on the type or level of service, requirements for medical necessity, appropriateness, setting, or effectiveness of a covered benefit.
   b. The reduction, suspension, or termination of a previously authorized service.
   c. The denial, in whole, or in part, of payment for a service.
   d. The failure to provider services in a timely manner, as defined by the State.
   e. The failure to act within the timeframes defined by the State for standard resolution of appeals.
   f. The denial of a member’s request to dispute a member’s financial liability (cost-sharing, copayments, premiums, deductibles, coinsurance, or other).
   g. For a resident of a rural area with only one managed care plan, the denial of a Medicaid member’s request to exercise his or her rights to obtain service outside of the network under the following circumstances:
      i. The service or type of provider (in terms of training, expertise, and specialization) is not available within the network.
      ii. The provider is not part of the network but is the main source of a service to the member – provided that the provider is given the opportunity to become a participating provider. If the provider does not choose to join the network or does not meet our qualification requirements, the member will be given the opportunity to choose a participating Provider and then will be transitioned to a participating Provider within 60 days.

4. **Administrative Denial** – A provider’s failure to follow contractual requirements and/or established procedures regarding authorization requirements (i.e., out of timely notification, failure to submit necessary information, etc.) may result in an administrative denial.
Concurrent Review and Reauthorization for Continued Services

All requests for ongoing services beyond the initial authorization require reauthorization. Please complete and submit the appropriate prior authorization form and fax as indicated above at least one business day prior to the expiration of the previous authorization. Providers are responsible for tracking their authorization start dates, end dates, number of units used, and member eligibility. Providers must phone or fax clinical information supporting the medical necessity of the continued stay within one working day of the request for information from Colorado Access.

If a request for extended length of stay is denied by a medical director, the provider and attending practitioner will be notified and may request a peer-to-peer review within one business day. A request for a peer-to-peer review is not considered a complaint or an appeal.

BEHAVIORAL HEALTH SERVICES IN PRIMARY CARE SETTING (MEDICAID ONLY)

In order to see the availability of a full continuum of behavioral health services, the Department of Health Care Policy and Financing (HCPF) is promoting the provision of short-term behavioral health services within primary care settings for brief episodic conditions. Providers may bill up to six behavioral health services, with or without a covered behavioral health diagnosis, to Medicaid fee-for-service as you would a medical service. This process does not apply to CHP+ members.

This benefit applies to several types of primary care settings, listed below. In order to bill for these services, there must be a Medicaid-enrolled behavioral health clinician on site, employed and/or billed by the primary care provider. If you are part of a co-located arrangement with a behavioral health provider, then whether or not this process applies to you depends on who bills for the services. If the behavioral health provider bills for the services, those claims will always come to Colorado Access to be paid under the Behavioral Health Capitation. If the primary care provider bills for the services, then this process applies to you.

- Primary care clinics
- Federally qualified health centers
- Rural health clinics
- Indian health centers
- Non-physician medical practitioner groups (e.g., nurse practitioners, nurse midwives)

The following procedure codes are included in this benefit.

- Behavioral health diagnostic assessment: 90791
- Individual therapy: 90832, 90834, 90837
- Family therapy: 90846 and 90847

All services must be provided by a Medicaid-enrolled behavioral health provider. While a covered behavioral health diagnosis is not required, there must be an appropriate diagnosis that supports medical necessity. All CPT coding practices and Uniform Service Coding Standards documentation requirements must be followed. These procedure codes may be billed to HCPF
fee-for-service in any combination for a total of six visits. The six-visit count re-starts July 1st of each year.

If your practice provides other services (e.g., prevention/early intervention services) in the primary care setting, those services will continue to be reimbursed by Colorado Access through the capitated behavioral health benefit. Those services will not be reimbursed if billed to HCPF fee-for-service. These types of services include (but are not limited to):

- Behavioral health screening: H0002
- Behavioral health outreach: H0023
- Behavioral health psychoeducation: H0025
- Group therapy: 90853, H0005

For more information from HCPF about billing for the first six visits, please see the Short-Term Behavioral Health Services in the Primary Care Setting Fact Sheet.

Any additional services need to be requested from Colorado Access via the Prior Authorization Process. Providers can complete the Behavioral Health Prior Authorization form and fax to the number indicated on the form. The form can be found on our website at coaccess.com/providers/forms/. Please indicate the exact number and specific type of services being requested (e.g., three additional sessions of 90837). Please include evidence of a covered behavioral health diagnosis and evidence/attestation that the member has already utilized their first six visits (which have been billed to HCPF fee-for-service).

Our utilization management team will review your request as expeditiously as possible, not to exceed 10 calendar days (please plan ahead). These services may then be provided and billed to Colorado Access. Failure to request authorization prior to the delivery of additional services will result in an administrative denial.

If it is found that services were requested and billed to Colorado Access without billing the first six visits to HCPF fee-for-service, payment for those services may be recouped as overpayment.

**AFTER HOURS DISCHARGE PLANNING NEEDS**

For afterhours discharge planning needs (to initiate home health, DME, oxygen supplies), such as on holiday or weekends, the Provider (vendor) must notify Colorado Access on the next working day following discharge from the facility. A review is done to ensure the following: eligible member; covered benefit; medical necessity; and timeliness of notification. For continuing needs, the Provider (vendor) must initiate a procedure authorization.

**DOWNSTREAM PROVIDERS**

A downstream provider is defined as any Provider who renders services at the direction of other Providers. These Providers are not subject to the prior authorization and/or referral process.

- Emergency room (place of service 23) services billed by Providers are considered downstream.
• **Inpatient** (place of service 21) pathology, radiology, anesthesia and all other physician services not on our Master Authorization List are considered downstream.

• **Outpatient** (place of service 22) the following services should be considered downstream:
  - Pathology – all professional laboratory procedures
  - Radiology – all professional radiology procedures
  - Anesthesia – all professional services billed within the procedure code range of (00100-01999)
  - Facility – all outpatient contracted facility services billed with place of service 22 or 24. The use of a non-contracted facility requires prior authorization.

• **Skilled nursing facility** (place of service 31 or 32) physician services for care rendered in a skilled nursing facility. However, podiatrists (DPM) are required to obtain prior authorization.

• **Interpretive Services** – all services using modifier 26.

**CONTINUITY OF CARE FOR NEW MEMBERS**

We will contact new members who have been identified as having potential continuity of care needs so a needs assessment may be completed. If the member is in an ongoing course of treatment with a provider, and the provider agrees to continue the service, the member may continue to receive medically necessary covered services at the level of care received prior to enrollment, for a transition period of up to 60 calendar days for primary and specialty care, and 75 calendar days for ancillary services.

If the provider is not contracted with Colorado Access and is not willing to do so, and the service is expected to be ongoing, we, as appropriate, will work with the member and provider to have the appropriate services transitioned into the network by the completion of the transition period. Services will be reassessed at the end of the transition period as part of routine authorization to ensure that they continue to be appropriate at the current level of care.

Members who are in their second or third trimester of pregnancy at the time of enrollment may continue to see their obstetrical provider until the completion of postpartum care directly related to the delivery.

If we do not have the direct capacity to provide a medically necessary covered service within the network, arrangements will be made for the continued service to be provided through a single case agreement with an approved, non-participating provider.
CONTINUITY OF CARE FOR EXISTING MEMBERS

At the time we are notified of a network transition (i.e., Provider group termination or vendor contract termination), a plan will be prepared to provide a coordinated approach to the transition. A good faith effort will be made to provide written notice of a Provider termination (with or without cause) within 15 calendar days to members who are patients of that Provider. CHP+ members will be allowed to continue receiving care for 60 calendar days from the date a participating Provider is terminated without cause, unless it is determined by an associate medical director or designee that continued care with the terminated Provider would present undue risk to the member or to Colorado Access.